RON DeSANTIS
GOVERNOR

STOP HEART DISEASE MONTH IN FLORIDA

WHEREAS, Florida is committed to empowering its residents to reach their full potential and lead healthy lives; and

WHEREAS, in Florida we will always fight to protect our children and families; and

WHEREAS, according to the Centers for Disease Control and Prevention (CDC), approximately 655,000 Americans die from heart disease each year; and

WHEREAS, heart disease is the leading cause of death for men and women, and accounts for one in five deaths at the rate of one every 36 seconds; and

WHEREAS, more than one in three adults in Florida have been diagnosed with high blood pressure, a leading risk factor for heart disease; and

WHEREAS, Floridians are encouraged to get regular health screenings in order to prevent heart disease; and

WHEREAS, cardiovascular disease is largely preventable, and Floridians can lower their risk by eating healthy, exercising daily, and avoiding tobacco; and

WHEREAS, the Florida Department of Health works to prevent and reduce the impact of heart disease by promoting healthy lifestyle changes and improving health care practices; and

WHEREAS, Stop Heart Disease Month in Florida is an opportunity to increase awareness and educate Floridians on how it can be prevented, stopped, and even reversed if corrective steps are taken.

NOW, THEREFORE, I, Ron DeSantis, Governor of the State of Florida, do hereby extend my support to all observing February 2021, as *Stop Heart Disease Month in Florida.*

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Florida to be affixed at Tallahassee, the Capital, this 1st day of February, in the year two thousand twenty-one.

_____
Governor