

Dr. Burt Berkson practices integrative medicine in New Mexico and is a former adjunct professor at Oklahoma State University College of Medicine and New Mexico State University. He has worked as a researcher and professor at several institutions including the Max Planck Institute, the University of Illinois, Chicago State University, the Autonomous Universites, Mexico and Rutgers University.

In addition to his MD, Dr. Berkson has earned a Masters of Science degree and a PH. D. from the University of Illinois and is currently a clinical professor at Burrell College of Medicine.

Dr. Berkson is an active scientific writer, researcher, and speaker. In addition, He is the CDC expert consultant on lipoic acid and hepatic poisoning and former FDA principal investigator for IV alpha lipoic acid (Thioctic Acid) as a prescription drug.

He has authored or co-authored 4 books; The Alpha-Lipoic Acid Breakthrough (Random House-Crown, 98), All About the B Vitamins (Avery, 98), Syndrome X (John Wiley, 2001, with co-authors) and A Users Guide to the B Vitamins.