



American Academy of Stem Cell Physicians

**AASCP Zoom Lecture January 6<sup>th</sup>, 7:30pm (EST)  
James Alexander Joseph, D.O., "Lifestyle Medicine Research Summit"**

Dr. James Joseph completed his medical school studies at Michigan State University College of Osteopathic Medicine (1994-1998). He then went on to complete a Family Medicine residency through Midwestern University Chicago College of Osteopathic Medicine from 1998-2001. He has now been in clinical practice for about 18 years.



In 2012, he completed a stem cell harvesting training course through the prominent Ageless Institute in Adventura, FL, and later went on to complete the first ever Stem Cell Regenerative Medicine Fellowship in 2016 through his membership in the Academy of Anti-Aging Medicine (a4m). This field is called Regenerative Medicine. Regenerative Medicine represents the most exciting part of Anti-Aging Medicine as it allows for the possibility to enhance the body to regenerate itself.