

JANET ZAND N.D., OMD, L.Ac., Dipl. Ac., Dipl. CH

WORK EXPERIENCE

Private Practice Santa Monica, CA 1983 - present
Naturopathic Medicine, Functional Medicine, Traditional Chinese Medicine, Nutrition

Developer and Formulator for Nutraceuticals - 1983-present

Humann Labs Austin, TX 2009 - present Research and Product Development

National Certification Committee for Acupuncture and Oriental Medicine 2009 - present
Member of the Biomedicine Examination Committee

Botanical Laboratories Ferndale, WA 2000-2003 Formulator and Brand Ambassador

ZAND Herbal Formulas, Inc Los Angeles, CA 1978-2001 Co-founder, Chairman of the Board

University of California Los Angeles Los Angeles CA 1990-1993
Teacher for Acupuncture for Physicians Program, Established by Dr. Joseph Helms

Acupuncturist for the Los Angeles Lakers Los Angeles, CA 1983-1989

California Acupuncture College Westwood, CA 1981-1985 Senior Clinical Instructor

EDUCATION

Sarah Lawrence College Bronxville, NY 1969-1973 Bachelor of Arts

Twitchell College of Naturopathic Medicine Hartsfield, England 1973-1978 Naturopathic Physician Training. N.D.

California Acupuncture College, Westwood, CA 1980-1983 Educational requirements for California Licensure. Lic. Ac.

California Acupuncture College, Westwood, CA 1982-1984 Thesis for Oriental Medicine Degree. O.M.D.

Applied Clinical Nutrition Program, Offered by Texas Chiropractic College 2009-2010
100-hour program focuses on the role of nutrition as a preventative, adjunctive and alternative strategy for intervention in the disease process. ACCN

Dr. John C. Hughes, D.O. - Practitioner and Owner of TBI Therapy

Dr. John Hughes, D.O. practices osteopathic, integrative, and regenerative medicine. His clinic, [Aspen Integrative Medicine, Inc.](#), provides the latest innovations in modern and natural medical care in Basalt and Aspen, Colorado. Dr. Hughes graduated from the Arizona College of Osteopathic Medicine in 2007 and trained in family practice at the University of Arizona. He has specialized in integrative and regenerative medicine, prolotherapy, [platelet rich plasma \(PRP\) therapy](#), and osteopathic manual medicine since 2009.

In 2013, Dr. Hughes gained an interest in the treatment of traumatic brain injuries after, incidentally, treating a patient with a severe TBI using a regenerative medicine protocol of hyperbaric oxygen, an intranasal PRP/insulin/nutrient cocktail, IV nutrition, cranial therapy, and autologous stem cells. In 2014, Dr. Hughes founded TBI Therapy, LLC, a TBI clinic in Colorado focused on the development of specific protocols for mild to severe brain injury patients.

In 2016, Dr. Hughes received a patent for his [TBI Therapy Protocol](#) and intranasal cocktail formulation. His TBI rehabilitation work has been recognized by the U.S. military, the regenerative medical community, brain injury specialists, and patients. Dr. Hughes sees patients from around the U.S. on a regular basis in Basalt, Colorado through TBI Therapy, his second company.