

Dr. Kim is the founder and president of Progressive Rehabilitation Medicine which was established in Cedar Rapids, IA in 2005 with the mission of offering advanced non-surgical pain management solutions.

Dr. Kim originally grew up in NJ, attended college at Cornell University in NY, and received his medical degree from Rutgers New Jersey Medical School.

Subsequently, he completed an internal medicine fellowship through John Hopkins University/Sinai Hospital in Baltimore and then his residency training in Physical Medicine and Rehabilitation (PM&R) at Rutgers/Kessler Institute for Rehabilitation which is considered one of the top training programs for this medical specialty.

Dr. Kim served as academic chief resident in his final year of specialization where he gained invaluable insights into the complexity of healthcare systems.

Dr. Kim is board certified by the [American Board of Physical Medicine and Rehabilitation](#) and is a Fellow of [American Academy of Physical Medicine and Rehabilitation](#). He has special interests in the non-surgical treatment of spine, sports and musculoskeletal pain conditions.