

William Pawluk, MD, MSc is a holistic doctor near Baltimore, MD. Previous academic positions at Johns Hopkins and University of Maryland. Training: acupuncture, homeopathy, hypnosis, energy medicine, nutrition and bodywork. Considered the foremost authority on the use of Pulsed Electromagnetic Field (PEMF) therapy in North America. Interested in holistic pain management, sleep, anxiety, anti-aging and general health.

He is interested in new solutions to stubborn, chronic and frustrating health problems. He wants to try to resolve the cause of the problem and not to simply put a Band-Aid on it. For example, most conventional treatments for pain rely on “numbing and dumbing,” that simply make the perception of pain better but don’t heal the cause. When on the Dr. Oz show, they both agreed that pain management should be focused on healing the cause. After 25 years of seeing the risks and side effects of traditional approaches, and studying various healing approaches, he discovered that PEMFs provide the most benefit and allowed safe, non-toxic, self-directed, self-controlled, at-home pain management.

To this end, he has worked with magnetic field therapies for 30 years and established an authoritative website [www.DrPawluk.com](http://www.DrPawluk.com). He is author of a comprehensive book on healing with magnetic fields called “Power Tools for Health.” This book describes what magnetic fields are, over 25 actions of magnetic fields in the body, how they work for over 50 health conditions, how to get a PEMF device for yourself and how to use it. This book is supported by over 500 scientific references and is the most authoritative, yet readable, book on the topic available to date. To help promote this healing concept, he has well over 50 radio, podcast, magazine and TV interviews combined. He has also been a cohost of a 2 hour holistic health radio show in Baltimore for 10 years. Most recently he hosted the Pain Solution Summit interviewing more than 30 experts on helping people with chronic pain.

ACIM Lifetime Achievement Award 2019 for work with PEMFs.  
Maryland Top Preventive Medicine Specialist Award 2021

#### QAs

1. What are pulsed magnetic fields (PEMFs) and how do they work?
2. Are PEMFs safe to treat the brain and how do they differ from non-safe magnetic fields?
3. How do PEMFs affect the brain?
4. Is there evidence that magnetic fields improve memory?
5. Is there evidence that magnetic fields help with A.D.?
6. Which devices are the best to help with memory and A.D.?
7. Can PEMFs be used with other approaches to help with memory and A.D.? It's